

MONDAY	Am – Armchair Exercises Pm – One to One – DVD of choice
TUESDAY	Am – Skittles & Fun Pm – Music & Movement with Sue
WEDNESDAY	Am – Children visiting from Best Friends Nursery to play and show us their Halloween Costumes Pm – Pampering – Nails & Hand Massage
THURSDAY	Today we celebrate Kath's Birthday  Halloween Party – Pumpkin Carving & Staff fancy dress competition
FRIDAY	Am – Flower Arranging Pm – Piano Man – Dance Hall Cabaret
SATURDAY	Family Time
SUNDAY	Sing Along